



Avondale Class Schedule

(623) 444-4800

13048 W. Rancho Santa Fe Blvd.

Avondale, AZ 85392

www.bbfitaz.com

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

5:00 AM	Burn	Build	Burn	Build	<i>Hybrid</i>		
6:15 AM	Build	Burn	Build	Burn			
7:30 AM						Burn	<i>Hybrid</i>
8:00 AM						Build	
8:30 AM	Burn	Burn	Burn	Burn	<i>Hybrid</i>	Burn	
9:15 AM							<i>Hybrid</i>
10:00 AM	Build	Build	Build	Build	<i>Hybrid</i>	Build	
4:30 PM	Burn	Burn	Burn	Burn	<i>Hybrid</i>		
5:00 PM	Build	Build	Build	Build			
5:30 PM	Burn		Burn				
6:00 PM	Build	Build	Build	Build			
6:30 PM		Burn		Burn			