



Midtown Schedule

(602) 300-7664

6239 N. 7th St.

Phoenix, AZ 85014

www.bbfitaz.com

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------------|----------------|----------------|----------------|----------------|------------------|------------------|
| 5 - 6 am | 5 - 6 am | 5 - 6 am | 5 - 6 am | 5 - 6 am | | |
| 6 - 7 am | 6 - 7 am | 6 - 7 am | 6 - 7 am | 6 - 7 am | 6:30 - 7:30 am | 6:30 - 7:30 am |
| 7 - 8 am | 7 - 8 am | 7 - 8 am | 7 - 8 am | 7 - 8 am | 7:45 - 8:45 am | 7:45 - 8:45 am |
| 8 - 9 am | 8 - 9 am | 8 - 9 am | 8 - 9 am | 8 - 9 am | 9 - 10 am | 9 - 10 am |
| 9 - 10 am | 9 - 10 am | 9 - 10 am | 9 - 10 am | 9 - 10 am | 10:15 - 11:15 am | 10:15 - 11:15 am |
| | | | | | | |
| 3:30 - 4:30 pm | 3:30 - 4:30 pm | 3:30 - 4:30 pm | 3:30 - 4:30 pm | 3:30 - 4:30 pm | | |
| 4:30 - 5:30 pm | 4:30 - 5:30 pm | 4:30 - 5:30 pm | 4:30 - 5:30 pm | 4:30 - 5:30 pm | | |
| 5:30 - 6:30 pm | 5:30 - 6:30 pm | 5:30 - 6:30 pm | 5:30 - 6:30 pm | | | |
| 6:30 - 7:30pm | 6:30 - 7:30 pm | 6:30 - 7:30 pm | 6:30 - 7:30 pm | | | |