



Midtown Schedule

(602) 300-7664

6239 N. 7th St.

Phoenix, AZ 85014

www.bbfitaz.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am		
6 - 7 am	6 - 7 am	6 - 7 am	6 - 7 am	6 - 7 am	6:30 - 7:30 am	6:30 - 7:30 am
7 - 8 am	7 - 8 am	7 - 8 am	7 - 8 am	7 - 8 am	7:30 - 8:30 am	7:30 - 8:30 am
8 - 9 am	8 - 9 am	8 - 9 am	8 - 9 am	8 - 9 am	8:30 - 9:30 am	8:30 - 9:30 am
9 - 10 am	9 - 10 am	9 - 10 am	9 - 10 am	9 - 10 am	9:30 - 10:30 am	9:30 - 10:30 am
					10:30 - 11:30 am	10:30 - 11:30 am
3:30 - 4:30 pm	3:30 - 4:30 pm	3:30 - 4:30 pm	3:30 - 4:30 pm	3:30 - 4:30 pm		
4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm		
5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm			
6:30 - 7:30pm	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm			