



Midtown Schedule

(602) 300-7664

6239 N. 7th St.

Phoenix, AZ 85014

www.bbfitaz.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am		
6:15 - 7:15 am	6:15 - 7:15am	6:15 - 7:15 am	6:15 - 7:15 am	6:15 - 7:15 am	6:45 - 7:45am	
8:45 - 9:45 am	8:45 - 9:45 am	8:45 - 9:45 am	8:45 - 9:45 am	8:45 - 9:45 am	8:00 - 9:00 am	8:00 - 9:00 am
					9:15 - 10:15 am	9:15 - 10:15 am
12:15 - 1:15 pm	12:15 - 1:15 pm	12:15 - 1:15 pm	12:15 - 1:15pm			10:30 - 11:30 am
3:15 - 4:15 pm	3:15 - 4:15 pm	3:15 - 4:15 pm	3:15 - 4:15 pm	3:15 - 4:15 pm		
4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm		
5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm			
6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm	6:30 - 7:30 pm			