



Midtown Schedule

(602) 300-7664
 6239 N. 7th St.
 Phoenix, AZ 85014

www.bbfitaz.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am	5 - 6 am		
6:15 - 7:15 am			6:15 - 7:15 am		6:30 - 7:30am	
8:30 - 9:30 am	8:30 - 9:30 am	8:30 - 9:30 am	8:30 - 9:30 am	8:30 - 9:30 am	8:00 - 9:00 am	8:00 - 9:00am
					9:30 - 10:30 am	9:15 - 10:15 am
12:15 - 1:15pm	12:15 - 1:15pm	12:15 - 1:15pm	12:15 - 1:15pm			
4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm	4:30 - 5:30 pm		
5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm	5:30 - 6:30 pm			
6:30 - 7:30 pm		6:30 - 7:30 pm				